

[Migration, internal](#)

### 3 All migrations. Internal movements<sup>1</sup> and immigration/emigration, by sex, age of migrants and county. 2010

|                      | Total          | Age           |               |               |               |               |               |              |              |              |
|----------------------|----------------|---------------|---------------|---------------|---------------|---------------|---------------|--------------|--------------|--------------|
|                      |                | 0-5           | 6-15          | 16-19         | 20-29         | 30-39         | 40-49         | 50-59        | 60-66        | 67-          |
| <b>In-migration</b>  |                |               |               |               |               |               |               |              |              |              |
| <b>Both sexes</b>    | <b>198 897</b> | <b>17 606</b> | <b>13 583</b> | <b>13 831</b> | <b>79 079</b> | <b>40 852</b> | <b>18 282</b> | <b>9 039</b> | <b>3 672</b> | <b>2 953</b> |
| 01 Østfold           | 9 641          | 976           | 867           | 652           | 3 028         | 1 980         | 1 047         | 582          | 304          | 205          |
| 02 Akershus          | 29 193         | 3 512         | 2 103         | 1 479         | 9 117         | 7 338         | 3 080         | 1 442        | 584          | 538          |
| 03 Oslo              | 43 241         | 2 195         | 1 641         | 3 122         | 22 510        | 8 044         | 3 087         | 1 666        | 567          | 409          |
| 04 Hedmark           | 6 241          | 628           | 554           | 432           | 2 025         | 1 226         | 656           | 368          | 208          | 144          |
| 05 Oppland           | 6 152          | 568           | 511           | 518           | 2 140         | 1 217         | 637           | 297          | 152          | 112          |
| 06 Buskerud          | 10 736         | 1 139         | 836           | 659           | 3 504         | 2 386         | 1 161         | 588          | 256          | 207          |
| 07 Vestfold          | 8 614          | 889           | 676           | 594           | 2 858         | 1 773         | 860           | 458          | 266          | 240          |
| 08 Telemark          | 4 680          | 475           | 424           | 370           | 1 552         | 944           | 491           | 240          | 108          | 76           |
| 09 Aust-Agder        | 4 090          | 442           | 363           | 332           | 1 323         | 793           | 390           | 238          | 110          | 99           |
| 10 Vest-Agder        | 5 781          | 575           | 436           | 513           | 2 232         | 1 042         | 510           | 266          | 119          | 88           |
| 11 Rogaland          | 14 039         | 1 287         | 1 084         | 827           | 5 579         | 3 013         | 1 362         | 607          | 145          | 135          |
| 12 Hordaland         | 14 702         | 1 145         | 921           | 1 018         | 6 683         | 2 875         | 1 198         | 538          | 155          | 169          |
| 14 Sogn og Fjordane  | 3 303          | 364           | 238           | 218           | 1 177         | 698           | 339           | 159          | 65           | 45           |
| 15 Møre og Romsdal   | 7 680          | 791           | 567           | 436           | 2 758         | 1 767         | 783           | 341          | 140          | 97           |
| 16 Sør-Trøndelag     | 11 327         | 778           | 647           | 1 034         | 5 624         | 1 893         | 791           | 343          | 119          | 98           |
| 17 Nord-Trøndelag    | 3 984          | 456           | 362           | 333           | 1 293         | 799           | 369           | 218          | 76           | 78           |
| 18 Nordland          | 6 684          | 664           | 640           | 534           | 2 285         | 1 330         | 672           | 311          | 145          | 103          |
| 19 Troms Romsa       | 5 660          | 452           | 443           | 538           | 2 289         | 1 069         | 487           | 216          | 94           | 72           |
| 20 Finnmark Finnmark | 3 149          | 270           | 270           | 222           | 1 102         | 665           | 362           | 161          | 59           | 38           |
| <b>Males</b>         | <b>104 080</b> | <b>9 021</b>  | <b>6 972</b>  | <b>6 372</b>  | <b>38 523</b> | <b>23 724</b> | <b>10 928</b> | <b>5 114</b> | <b>2 010</b> | <b>1 416</b> |
| 01 Østfold           | 5 047          | 500           | 461           | 278           | 1 477         | 1 135         | 620           | 330          | 160          | 86           |
| 02 Akershus          | 15 243         | 1 812         | 1 080         | 622           | 4 297         | 4 118         | 1 899         | 853          | 313          | 249          |
| 03 Oslo              | 22 309         | 1 111         | 820           | 1 236         | 10 873        | 4 889         | 1 957         | 936          | 295          | 192          |
| 04 Hedmark           | 3 239          | 349           | 282           | 224           | 994           | 693           | 337           | 179          | 114          | 67           |
| 05 Oppland           | 3 136          | 279           | 265           | 254           | 1 015         | 675           | 354           | 159          | 81           | 54           |
| 06 Buskerud          | 5 651          | 593           | 449           | 326           | 1 682         | 1 346         | 691           | 316          | 139          | 109          |
| 07 Vestfold          | 4 391          | 464           | 336           | 250           | 1 357         | 987           | 478           | 249          | 148          | 122          |
| 08 Telemark          | 2 426          | 235           | 219           | 173           | 739           | 534           | 300           | 132          | 63           | 31           |
| 09 Aust-Agder        | 2 152          | 206           | 192           | 198           | 656           | 441           | 212           | 131          | 68           | 48           |
| 10 Vest-Agder        | 2 954          | 280           | 212           | 246           | 1 063         | 569           | 322           | 150          | 65           | 47           |
| 11 Rogaland          | 7 553          | 646           | 560           | 404           | 2 773         | 1 802         | 838           | 386          | 79           | 65           |
| 12 Hordaland         | 7 811          | 607           | 463           | 458           | 3 296         | 1 733         | 742           | 334          | 97           | 81           |
| 14 Sogn og Fjordane  | 1 710          | 191           | 122           | 110           | 537           | 414           | 189           | 91           | 36           | 20           |
| 15 Møre og Romsdal   | 4 179          | 411           | 288           | 211           | 1 380         | 1 045         | 503           | 205          | 81           | 55           |
| 16 Sør-Trøndelag     | 5 974          | 389           | 343           | 468           | 2 914         | 1 140         | 453           | 165          | 55           | 47           |
| 17 Nord-Trøndelag    | 2 041          | 229           | 173           | 163           | 607           | 459           | 203           | 127          | 41           | 39           |
| 18 Nordland          | 3 554          | 333           | 325           | 323           | 1 166         | 758           | 349           | 173          | 82           | 45           |
| 19 Troms Romsa       | 3 001          | 243           | 226           | 295           | 1 153         | 609           | 264           | 117          | 56           | 38           |
| 20 Finnmark Finnmark | 1 709          | 143           | 156           | 133           | 544           | 377           | 217           | 81           | 37           | 21           |
| <b>Females</b>       | <b>94 817</b>  | <b>8 585</b>  | <b>6 611</b>  | <b>7 459</b>  | <b>40 556</b> | <b>17 128</b> | <b>7 354</b>  | <b>3 925</b> | <b>1 662</b> | <b>1 537</b> |
| 01 Østfold           | 4 594          | 476           | 406           | 374           | 1 551         | 845           | 427           | 252          | 144          | 119          |
| 02 Akershus          | 13 950         | 1 700         | 1 023         | 857           | 4 820         | 3 220         | 1 181         | 589          | 271          | 289          |
| 03 Oslo              | 20 932         | 1 084         | 821           | 1 886         | 11 637        | 3 155         | 1 130         | 730          | 272          | 217          |
| 04 Hedmark           | 3 002          | 279           | 272           | 208           | 1 031         | 533           | 319           | 189          | 94           | 77           |
| 05 Oppland           | 3 016          | 289           | 246           | 264           | 1 125         | 542           | 283           | 138          | 71           | 58           |
| 06 Buskerud          | 5 085          | 546           | 387           | 333           | 1 822         | 1 040         | 470           | 272          | 117          | 98           |
| 07 Vestfold          | 4 223          | 425           | 340           | 344           | 1 501         | 786           | 382           | 209          | 118          | 118          |
| 08 Telemark          | 2 254          | 240           | 205           | 197           | 813           | 410           | 191           | 108          | 45           | 45           |
| 09 Aust-Agder        | 1 938          | 236           | 171           | 134           | 667           | 352           | 178           | 107          | 42           | 51           |
| 10 Vest-Agder        | 2 827          | 295           | 224           | 267           | 1 169         | 473           | 188           | 116          | 54           | 41           |

|                       | Total          | Age           |              |               |               |               |               |              |              |              |
|-----------------------|----------------|---------------|--------------|---------------|---------------|---------------|---------------|--------------|--------------|--------------|
|                       |                | 0-5           | 6-15         | 16-19         | 20-29         | 30-39         | 40-49         | 50-59        | 60-66        | 67-          |
| 11 Rogaland           | 6 486          | 641           | 524          | 423           | 2 806         | 1 211         | 524           | 221          | 66           | 70           |
| 12 Hordaland          | 6 891          | 538           | 458          | 560           | 3 387         | 1 142         | 456           | 204          | 58           | 88           |
| 14 Sogn og Fjordane   | 1 593          | 173           | 116          | 108           | 640           | 284           | 150           | 68           | 29           | 25           |
| 15 Møre og Romsdal    | 3 501          | 380           | 279          | 225           | 1 378         | 722           | 280           | 136          | 59           | 42           |
| 16 Sør-Trøndelag      | 5 353          | 389           | 304          | 566           | 2 710         | 753           | 338           | 178          | 64           | 51           |
| 17 Nord-Trøndelag     | 1 943          | 227           | 189          | 170           | 686           | 340           | 166           | 91           | 35           | 39           |
| 18 Nordland           | 3 130          | 331           | 315          | 211           | 1 119         | 572           | 323           | 138          | 63           | 58           |
| 19 Troms Romsa        | 2 659          | 209           | 217          | 243           | 1 136         | 460           | 223           | 99           | 38           | 34           |
| 20 Finnmark Finnmarku | 1 440          | 127           | 114          | 89            | 558           | 288           | 145           | 80           | 22           | 17           |
| <b>Out-migration</b>  |                |               |              |               |               |               |               |              |              |              |
| <b>Both sexes</b>     | <b>156 551</b> | <b>13 882</b> | <b>9 747</b> | <b>10 930</b> | <b>61 642</b> | <b>31 620</b> | <b>14 434</b> | <b>7 872</b> | <b>3 576</b> | <b>2 848</b> |
| 01 Østfold            | 6 718          | 478           | 462          | 690           | 2 570         | 1 143         | 628           | 403          | 210          | 134          |
| 02 Akershus           | 22 656         | 1 821         | 1 425        | 1 691         | 8 361         | 4 354         | 2 433         | 1 464        | 654          | 453          |
| 03 Oslo               | 36 706         | 4 481         | 1 888        | 1 336         | 12 615        | 10 109        | 3 219         | 1 573        | 798          | 687          |
| 04 Hedmark            | 4 893          | 354           | 322          | 455           | 2 015         | 815           | 451           | 265          | 111          | 105          |
| 05 Oppland            | 5 134          | 346           | 330          | 479           | 2 194         | 828           | 482           | 261          | 116          | 98           |
| 06 Buskerud           | 7 871          | 612           | 563          | 620           | 3 046         | 1 393         | 822           | 440          | 204          | 171          |
| 07 Vestfold           | 6 565          | 391           | 384          | 662           | 2 893         | 1 028         | 580           | 331          | 152          | 144          |
| 08 Telemark           | 3 815          | 250           | 233          | 338           | 1 712         | 566           | 338           | 188          | 109          | 81           |
| 09 Aust-Agder         | 2 881          | 224           | 196          | 242           | 1 182         | 439           | 261           | 188          | 92           | 57           |
| 10 Vest-Agder         | 4 544          | 361           | 297          | 416           | 2 059         | 704           | 351           | 186          | 85           | 85           |
| 11 Rogaland           | 9 294          | 820           | 652          | 719           | 3 599         | 1 781         | 907           | 501          | 184          | 131          |
| 12 Hordaland          | 10 187         | 895           | 602          | 607           | 4 487         | 2 016         | 819           | 411          | 192          | 158          |
| 14 Sogn og Fjordane   | 2 908          | 215           | 187          | 204           | 1 284         | 536           | 267           | 122          | 52           | 41           |
| 15 Møre og Romsdal    | 5 599          | 394           | 362          | 417           | 2 499         | 1 010         | 475           | 267          | 93           | 82           |
| 16 Sør-Trøndelag      | 9 266          | 810           | 512          | 496           | 4 361         | 1 771         | 696           | 347          | 135          | 138          |
| 17 Nord-Trøndelag     | 3 604          | 248           | 233          | 347           | 1 449         | 606           | 380           | 218          | 73           | 50           |
| 18 Nordland           | 5 877          | 444           | 438          | 560           | 2 402         | 963           | 548           | 307          | 116          | 99           |
| 19 Troms Romsa        | 5 284          | 475           | 418          | 457           | 2 026         | 997           | 471           | 247          | 115          | 78           |
| 20 Finnmark Finnmarku | 2 749          | 263           | 243          | 194           | 888           | 561           | 306           | 153          | 85           | 56           |
| <b>Males</b>          | <b>81 332</b>  | <b>7 133</b>  | <b>4 929</b> | <b>4 700</b>  | <b>29 862</b> | <b>18 252</b> | <b>8 701</b>  | <b>4 394</b> | <b>1 987</b> | <b>1 374</b> |
| 01 Østfold            | 3 429          | 229           | 225          | 282           | 1 235         | 684           | 371           | 222          | 114          | 67           |
| 02 Akershus           | 11 736         | 934           | 720          | 683           | 4 016         | 2 530         | 1 486         | 762          | 375          | 230          |
| 03 Oslo               | 18 836         | 2 316         | 921          | 561           | 5 775         | 5 578         | 2 012         | 945          | 412          | 316          |
| 04 Hedmark            | 2 531          | 189           | 167          | 189           | 1 016         | 464           | 252           | 147          | 57           | 50           |
| 05 Oppland            | 2 639          | 181           | 170          | 227           | 1 061         | 491           | 273           | 132          | 59           | 45           |
| 06 Buskerud           | 4 077          | 328           | 277          | 258           | 1 508         | 781           | 487           | 247          | 112          | 79           |
| 07 Vestfold           | 3 370          | 208           | 193          | 268           | 1 387         | 629           | 333           | 183          | 85           | 84           |
| 08 Telemark           | 1 947          | 128           | 116          | 133           | 837           | 324           | 191           | 110          | 64           | 44           |
| 09 Aust-Agder         | 1 525          | 109           | 99           | 113           | 611           | 259           | 151           | 105          | 51           | 27           |
| 10 Vest-Agder         | 2 309          | 162           | 137          | 177           | 1 003         | 420           | 206           | 114          | 50           | 40           |
| 11 Rogaland           | 5 022          | 416           | 344          | 329           | 1 833         | 1 046         | 569           | 296          | 122          | 67           |
| 12 Hordaland          | 5 242          | 466           | 306          | 260           | 2 120         | 1 181         | 500           | 223          | 111          | 75           |
| 14 Sogn og Fjordane   | 1 552          | 111           | 103          | 89            | 631           | 321           | 171           | 74           | 32           | 20           |
| 15 Møre og Romsdal    | 2 908          | 212           | 188          | 171           | 1 195         | 625           | 287           | 143          | 55           | 32           |
| 16 Sør-Trøndelag      | 4 932          | 429           | 275          | 195           | 2 208         | 1 064         | 435           | 187          | 71           | 68           |
| 17 Nord-Trøndelag     | 1 965          | 121           | 120          | 134           | 728           | 413           | 246           | 134          | 47           | 22           |
| 18 Nordland           | 3 127          | 224           | 234          | 299           | 1 250         | 552           | 292           | 164          | 66           | 46           |
| 19 Troms Romsa        | 2 784          | 241           | 218          | 241           | 1 030         | 567           | 266           | 125          | 62           | 34           |
| 20 Finnmark Finnmarku | 1 401          | 129           | 116          | 91            | 418           | 323           | 173           | 81           | 42           | 28           |
| <b>Females</b>        | <b>75 219</b>  | <b>6 749</b>  | <b>4 818</b> | <b>6 230</b>  | <b>31 780</b> | <b>13 368</b> | <b>5 733</b>  | <b>3 478</b> | <b>1 589</b> | <b>1 474</b> |
| 01 Østfold            | 3 289          | 249           | 237          | 408           | 1 335         | 459           | 257           | 181          | 96           | 67           |
| 02 Akershus           | 10 920         | 887           | 705          | 1 008         | 4 345         | 1 824         | 947           | 702          | 279          | 223          |
| 03 Oslo               | 17 870         | 2 165         | 967          | 775           | 6 840         | 4 531         | 1 207         | 628          | 386          | 371          |
| 04 Hedmark            | 2 362          | 165           | 155          | 266           | 999           | 351           | 199           | 118          | 54           | 55           |
| 05 Oppland            | 2 495          | 165           | 160          | 252           | 1 133         | 337           | 209           | 129          | 57           | 53           |
| 06 Buskerud           | 3 794          | 284           | 286          | 362           | 1 538         | 612           | 335           | 193          | 92           | 92           |
| 07 Vestfold           | 3 195          | 183           | 191          | 394           | 1 506         | 399           | 247           | 148          | 67           | 60           |
| 08 Telemark           | 1 868          | 122           | 117          | 205           | 875           | 242           | 147           | 78           | 45           | 37           |
| 09 Aust-Agder         | 1 356          | 115           | 97           | 129           | 571           | 180           | 110           | 83           | 41           | 30           |

|                       | Total | Age |      |       |       |       |       |       |       |     |
|-----------------------|-------|-----|------|-------|-------|-------|-------|-------|-------|-----|
|                       |       | 0-5 | 6-15 | 16-19 | 20-29 | 30-39 | 40-49 | 50-59 | 60-66 | 67- |
| 10 Vest-Agder         | 2 235 | 199 | 160  | 239   | 1 056 | 284   | 145   | 72    | 35    | 45  |
| 11 Rogaland           | 4 272 | 404 | 308  | 390   | 1 766 | 735   | 338   | 205   | 62    | 64  |
| 12 Hordaland          | 4 945 | 429 | 296  | 347   | 2 367 | 835   | 319   | 188   | 81    | 83  |
| 14 Sogn og Fjordane   | 1 356 | 104 | 84   | 115   | 653   | 215   | 96    | 48    | 20    | 21  |
| 15 Møre og Romsdal    | 2 691 | 182 | 174  | 246   | 1 304 | 385   | 188   | 124   | 38    | 50  |
| 16 Sør-Trøndelag      | 4 334 | 381 | 237  | 301   | 2 153 | 707   | 261   | 160   | 64    | 70  |
| 17 Nord-Trøndelag     | 1 639 | 127 | 113  | 213   | 721   | 193   | 134   | 84    | 26    | 28  |
| 18 Nordland           | 2 750 | 220 | 204  | 261   | 1 152 | 411   | 256   | 143   | 50    | 53  |
| 19 Troms Romsa        | 2 500 | 234 | 200  | 216   | 996   | 430   | 205   | 122   | 53    | 44  |
| 20 Finnmark Finnmarku | 1 348 | 134 | 127  | 103   | 470   | 238   | 133   | 72    | 43    | 28  |

<sup>1</sup> Except for migration within counties.

[Explanation of symbols](#)